

THE LITTLE  
BLACK BOOK  
OF

*Beauty*





I am nicer when my skin looks good.....

We have 3 top ranges with our spa which we believe suits different skin concerns & skin budgets. If unsure, please call in to see one of our skin therapists who can explain & put you on a skin care program.

# SKIN

## DMK

DMK works on the deeper layers of the skin, on the internal structures and functions of the skin, treating the cause and not just the symptoms that we see on the surface of the skin through using enzyme therapy. DMK facials are not fluffy or especially relaxing, but you can feel them working their magic. Each facial is 2 parts firstly is a custom exfoliation followed by the powerful enzyme masque utilizing the beneficial effects of transfer messenger enzyme it encourages blood circulation, oxygenation, and the lymphatic drainage system while simultaneously through reverse osmosis helping flush away toxins all while stimulating collagen production

DMK Quickpeel and Enzyme 90 minutes	£80.00	DMK Prozyme and Enzyme 90 minutes	£85.00
DMK Pro-Alpha and Enzyme 90 minutes	£90.00	DMK Muscle Banding Mega Lift 90 minutes	£95.00
DMK Lunchtime Peel 60 minutes	£65.00	DMK Biahke 90 minutes	£100

## ENVIRON

Environ is now a world leader in professional skin care, it focuses on the restorative power of Vitamin A but it often incorporates a variety of vitamins, antioxidants, peptides, and botanical extracts to repair environmental damage. Environ skincare products are completely driven by science, dramatically improving the appearance of your skin, and giving you healthy, radiant, and smooth results, An Environ Machine Facial is scientifically proven to be the equivalent of at least 50 traditional manual facials.

Active Vitamin Facial 90 minutes	£89.00
Hydro Boost Facial 70 minutes	£69.00
Focus Frown Facial 70 minutes	£79.00
Collagen Power Facial 70 minutes	£69.00

## DERMALOGICA

Dermalogica was founded in 1986, they create highly customized regimens and services for every individual skin type, because no two skin conditions are the same. Dermalogica is used by more than 100 countries around the world and over 100,000 skin therapists therefore the products work the best when they are recommended by a professional skin therapist for your unique skin type

Pro Bright Facial 40 minutes	£49.00
Pro Bright Facial 70 minutes	£89.00
Pro Calm Facial 40 minutes	£49.00
Pro Calm Facial 70 minutes	£89.00
Pro Clear 40 minutes	£49.00
Pro Clear 70 minutes	£89.00
Pro Firm 40 minutes	£49.00

## DERMAPLANING

Dermaplaning is a safe, simple, and effective method of exfoliating the skin by removing dead cells from the epidermis and fine vellus hair known as peach fuzz resulting in glowing skin.

Dermaplaning with hydrating masque allow up to 60 minutes	£55.00
Dermaplaning with sublime peel allow up to 75 minutes	£79.00
Dermaplaning with Full Environ Facial allow up to 90 minutes	£89.00

## 321 FACIAL

Take care of your skin as it does with you every day, our unique 321 facial will result in clean glowing skin. It is a full dermaplaning, then a peel is decided by one of our skin therapists depending on your skin type. These range from Delicate peel to an intensive peel, finishing off with our state of art LED Light therapy

321 Facial 80 Minutes	£89.00
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ADD LIGHT MASK THERAPY TO ANY OTHER FACIAL FOR AN EXTRA £10

## MASSAGES

### SWEDISH FULL BODY MASSAGE

The primary goals of the Swedish massage is to relax the entire body, choose from relaxing tranquility oil or toning body strategist oil.

45 minutes £52.50 60 minutes	£60.00
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### NECK, BACK & SHOULDERS MASSAGE

Relaxing and revitalizing treatment for the neck, back and shoulders

30 minutes	£29.95
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### CBD INFUSED BODY MASSAGE

Customized body therapy using organic CBD massage oil. This massage is dedicated to targeting pain and inflammation, fatigue and speeding up the healing and recovery

30 minutes	£29.95
45 minutes	£53.50
60 minutes	£60.00



## DEEP TISSUE MASSAGE

Intensive deep tissue massage technique that releases excessively stressed muscles

**45 minutes**

**£52.50**

**60 minutes**

**£60.00**

## HIMALAYAN SALT MASSAGE

An extraordinary ancient ritual for the body, which begins with warmed Himalayan salt scones which glide over the body to bestow relaxation alleviate tension stress and anxiety,

**60 minutes**

**£54.50**

## HOT STONE MASSAGE

Ritual treatment is deeply relaxing, nourishing, and sensorial, thanks to the use of hot basalt stones and essential oils

**60 minutes**

**£54.50**

## PREGNANCY MASSAGE

Pregnancy is a special time, however as your body changes, it can bring about many aches and pains. Massage can be a natural way of easing these ailments as well as giving you some time.

**30 minutes back massage**

**£29.95**

**60-minute full body massage**

**£59.00**

## PREGNANCY MASSAGE & FACIAL

This is the ultimate pampering experience you can decide how long you would like for your massage and facial for the ultimate relaxing experience

**75 minutes**

**£69.50**





# BODY TREATMENTS & SCULPTURING

## FULL BODY SALT SCRUB

Himalayan full body salt scrub the perfect treatment for glowing skin

30 minutes

£29.95

## ENVIRON BACK PEEL

A facial for your back, a deep cleansing treatment from Environ for this much neglected and hard to reach area, perfect for back acne

50 minutes

£49.00

## ENVIRION BODY PROBE

The new body probe from Environ uses sonophoreses and Iontophorese technology allowing for active ingredients in the anti-cellulite products to be penetrated 4000% deeper than massage alone. Skin looks smoother, firmer with a better tone and texture

50 minutes

£49.00

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£49.00

## HIMALAYAN SALT CBD INFUSED BODY WRAP

A unique and extremely healing body wrap, an eco-friendly body sheet is soaked in CBD oil and Himalayan salt mix prior to your treatment to target chronic pain in the joints, muscles, and skin disorders

50 minutes

£49.00



## COMPLETE BODY EXPERIENCE

Relax and unwind with this complete body experience, a Himalayan salt scrub is applied to whole body then you are wrapped in ecofriendly sheets which relaxing a soothing face and scalp massage is done, afterwards hot mitts remove the salt finishing with a hot oil full body massage, Complete Heaven!!

**90 minutes (about 1 and a half hours)**

**£89.00**

## SILMMING & DETOXING TREATMENTS

### MiniMI Inch Loss Guaranteed Wrap

MiniMI body wrap is a non-invasive body wrap treatment designed to achieve a more sculpted body with guaranteed inch loss

**Full Body Wrap Including Mini Dermalogica Facial 70 minutes**

**£52.50**

**One Area Wrap ( No Facial )**

**£29.00**

## DMK FAT FREEZE

The DMK Fat Freeze treatment has visible inch loss after even one treatment which is increased with further treatments. It is also powerful at having a firming, tightening, and toning effects on the skin of the body. It aids in reducing the appearance of cellulite delivering a smoother skin texture along with toning and immediate inch loss perfect for before an event or a kick start on a healthy eating plan.

**50 minutes**

**£49.00**







# HAIR REMOVAL

## HARLEY WAXING

Using only the finest natural ingredients, Harley wax delivers superior results with the ability to gently remove stubborn hair as short as 1mm, our wax shrink wrap itself to the hair not the skin, which results in less pain and causes less irritation with little or no redness, this is ideal for guests with sensitive skin or a low pain threshold.

Lip	£6.00	Bikini Line Std	From	£18.00
Chin				£7.00
Extended Bikini	from			£23.00
Eyebrows				£10
All three				£20.00
Brazilian			from	£30.00
Underarm				£10.00
Hollywood			from	£35.00
Half Leg				£18.00
Full leg including Bikini				£40.00
Full Leg				£26.00
Full leg including Bikini Extended				£45.00
Full leg including Brazilian				£50.00
Full leg including Hollywood				£55.00

## ALEXANDRIA PROFESSIONAL BODY SUGARING

Alexandria professional is the worldwide leader of body sugaring, our technique eliminates hair breakage, unnecessary discomfort and ingrown hairs while exfoliating dry skin cells. It is also a truly natural vegan and gluten free line of professional and skincare products.

Chin	£8.00	½ Leg	£25.00
Lip	£8.00	½ Leg and Underarm	£33.00
Lip and Chin	£12.00	Full Leg	£45.00
Eyebrow	£10.00		
Face	£15.00	Bikini Tidy Up	£15.00
Forearm	£14.00	Extended Bikini Tidy Up	£20.00
Underarm	£14.00	LA Signature Bikini	£30.00

## MAKE-UP APPLICATION

Let our Team Work Their Magic on You Whatever the occasion we will make sure you feel fantastic

For your eyes only with lashes	£17.50
Full make up application	£25.00
Full make up application with lashes	£30.00

## LASHES AND BROWS

LVL is the original and best lash lift, this revolutionary treatment lifts lashes from root and gives them the appearance of longer, thicker lashes that will make your eyes appear more open and youthful as well as saving time in your morning routine

LVL Lash Lift 60 Minutes	£42.50
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## EYEBROW WAX AND TINT

Brow Lamination involves straightening and lifting the hair using a chemical solution which allows the hair to have more flexibility to move it into your desired shape, therefore covering any gaps or stray areas comes with brow tint and wax

15 minutes	£15.00
HD Brows	£27.50
Brow Lamination	£35.00

### The Ultimate Lift

LVL Lash Lift and Brow Lamination	£65.00 Saving of £12.50
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## SPRAY TANNING

Using BPERFECT, Bellamianta or So Sue Me

Half Body Tan	£12.50
Full Body Tan	£20.00
On a Thursday, all full body spray tan only	£15.00

## NAIL TREATMENTS

Using BPERFECT, Bellamianta or So Sue Me

Gel Polish	£22.50	Gel Extensions	£40.00
Gel Toes	£20.00	Gel Extensions Removal	£15.00
BOTH FOR	£40.00	Luxury Deluxe Manicure	£32.50
BIBA Overlay	£28.00	Luxury Deluxe Manicure with Gel Polish	£40.00
Gel Overlay	£28.00		

## PEDICURES

Foot Logix is the world's first and only Pedi-Cuticle Foot Care Brand that provides effective and transformational results. You will be left with the softest feet on the planet

60 Minutes

£35.00 with normal polish

70 Minutes

£43.50 with gel polish

## DMK MEDI-PEDI

DMK is a non-invasive pedicure treatment that does not require the use of acids, harsh chemicals and other solvents nor does it rely upon heavy rasping, cutting or other mechanical methods of removing the buildup of hardened dead skin. This Medi-Pedi removes callouses and hardened yellow skin, removes painful corns, revises cracked heels leaving your skin soft and smooth as well as removes rough dry skin build up, you will feel like you are walking on clouds afterwards

60 minutes

£55.00 with gel polish

# THE PERFECT GIFT FOR ANY OCCASSION



